

# Horton PCN Newsletter

October 2024



**Breast Cancer Awareness Month** October

To raise awareness for the disease and to raise funds for research. Information and free resources to help you with local campaigns.

Breast Cancer Now

## **National Cholesterol Month** October

Devoted to raising funds for HEART UK and raising awareness of the dangers of high cholesterol.

Heart UK

### National Work Life Week 7 - 11 October 2024

For employers to show employees, and potential candidates your organisation has a flexible working culture and appreciates work life balance.

### **PCN Update**

We have a new PCN Manager Joanne Brown. Please find her email address below. Email: Joanne.Brown3@bradford.nhs.uk

#### Influenza vaccination

t is that time of year again!

Practices offer seasonal Vaccinations for those eligible. Flu can be serious or life threatening illness.

#### Who is eligible for the vaccine?

- Everyone aged 65 years and over
- All pregnant women, at any stage of pregnancy All children aged 2 and 3 years
- All children in primary school
- Everybody who resides in a care home
- Everybody who receives carers allowance, or are the main carer for disabled person
- All those living with someone who has lowered mmunity due to a disease or treatment
- All frontline health and social care workers

#### **Multi-Generational Home Visits:**

Three teams, comprising of Physician Associate, Administrative Staff, and Healthcare Assistant, were established. These teams are conducting community visits to 7-8 families from each practice. The aim of the project is to educate patients on the importance of engaging with the practices and secondary care on cancer screening, immunisation programmes, quality care indicators and well-being for the patients and their families.

<u>Working Families</u>